

## INTRODUCTION: WELCOME TO CHIC & CRAFT TRAINING COURSE



### MATERIALS REQUIRED

A big sheet of paper, buttons, pieces of fabric, colour pens, glue.

### DEGREE OF DIFFICULTY

Low.

### APPROXIMATED TIME REQUIRED

Between 1 and 2 hours, depending on the time spent in choosing the materials.

### LEARNING GOALS

Learn about the different kind of materials we are going to work with, to get used to them.

### ABILITIES DEVELOPED

Team-working, motivation.

### STEP-BY-STEP INSTRUCTIONS

1. Draw in a big sheet of paper the silhouette of a man and of a woman.
2. Give the materials to your participants so they can touch them, feel them, imagine what they can do with all these fabrics, wool, etc.
3. The participants, working in a group, have to dress the silhouettes using the materials: glue some fabrics to make a pair of trousers, maybe some wool for the complements, paint a shirt with colour pens, glue some buttons, etc.



#### TIPS

Try to create a warm atmosphere, so the participants feel comfortable working with their colleagues and enjoy getting used to the materials.