

## CLOTHES: T-SHIRT WITH WOOLEN/FABRIC SLEEVES



### MATERIALS REQUIRED

A T-shirt, an old pullover, scissors, a sewing machine, pins, thread, and a needle.

### DEGREE OF DIFFICULTY

Medium.

### APPROXIMATE TIME REQUIRED

4 hours.

### LEARNING GOALS

Learn how to work with different materials and customize a piece of clothing with them.

### ABILITIES DEVELOPED

Attention, determination, fine handling, hand-eye dexterity, creativity.

### STEP-BY-STEP INSTRUCTIONS

1. Cut the sleeves of the pullover that you are going to reuse.
2. If you are working with woollen sleeves, make a hole on each sleeve in order to put your thumb through it. If you want to get a perfect finish, sew the hole up with the sewing machine (almost every sewing machine has an accessory to easily make buttonholes).
3. Now, join the woollen/fabric sleeves to the cotton T-shirt. Adjust the sleeves to the desired height, by cutting them or by cutting the ones from the T-shirt where you want to join them. It is up to you.



4. Overlap each sleeve from the T-shirt with the one from the pullover and baste it. This will ease your task.
5. Sew with the sewing machine, using a thread of the same colour as the T-shirt.
6. Repeat this task with the other sleeve and your customized T-shirt will be ready.

#### TIPS

You also can add a pocket from the same fabrics the pullover or mix two different fabrics on the front part. The options are endless.

